

## Nurturing Parent Classes

EVERYONE NEEDS HELP SOMETIMES. WE ARE PROUD & EXCITED TO BE OFFERING THIS NEW SERVICE TO OUR COMMUNITY.

- NURTURING PARENTS IS RECOGNIZED BY THE SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION, AS WELL AS MANY STATE & LOCAL AGENCIES AS A PROVEN PROGRAM FOR PREVENTION & TREATMENT OF CHILD ABUSE & NEGLECT.
- PROGRAM FEATURES ACTIVITIES TO:
   FOSTER POSITIVE PARENTING SKILLS
   WITH NURTURING BEHAVIORS,
   PROMOTE HEALTHY PHYSICAL &
   EMOTIONAL DEVELOPMENT, AND TEACH
   APPROPRIATE ROLE & DEVELOPMENTAL
   EXPECTATIONS.

BEGINS AUGUST 1
CHOOSE FROM 2 CLASS TIME OPTIONS:
TUESDAYS 11:30AM - 1PM
THURSDAYS 6PM - 7:30PM

LIMITED SEATING
CLOSED CLASS, MEANING YOU MUST
BEGIN ON AUGUST 1 OR 3 TO CONTINUE
COMING TO CLASSES.

CLASSES HELD AT RISE-CPE 3900 CHANDLER RD MUSKOGEE, OK Snacks provided